

# SACRED HEART PARISH SCHOOL STUDENT WELLBEING POLICY

## **Rationale:**

The emotional, social and physical wellbeing of our students is pivotal to their success at school, as adolescents, and in their future lives. Physically, socially and emotionally healthy students are happy, able to deal positively with life's challenges, experience a sense of connectedness with the school and others, and are well placed to develop into resilient and successful young adults.

## **Aims:**

- To provide an educational environment which recognises, values and builds student wellbeing.
- To develop students who are physically, socially and emotionally healthy.

## **Implementation:**

- Developing the wellbeing of our students is central to our role as a school, and is reflected in our whole school philosophy.
- Our school will value and encourage student individuality, differences and diversity.
- A culture of positive reinforcement and encouragement will permeate all facets of our school.
- The curriculum will be broad, will provide for the needs of individual students, and will be developed to cater for multiple intelligences.
- Programs that support the wellbeing of parents and families will be available, ie onPsych.
- The school will access CEM regional and network staff with wellbeing and/or welfare expertise as required.
- Programs dealing with issues such as Drug Education (Life Ed Van) will form part of the school's Student Wellbeing program.
- An active Student Representative Council will form part of the student voice.
- Student work and achievements will be regularly showcased and recognised.
- A school psychologist from onPsych is available to all students and their families.

## **Evaluation:**

This policy will be reviewed as part of the school's four-year review cycle.

This policy was last ratified by the staff and leadership team

**February 2017**